

Curriculum Vitae Updated as of March 22<sup>nd</sup>, 2022

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I am pursuing my dreams working as a humanitarian actor in emergency settings, with full of excitement and always ready to take up new challenges. I am a person with resilient capacity to work in a tough environment, a resulted-oriented person, pay attention to details and able to learn new things faster. My current responsibility is as the Working Group Coordinator (MHPSS) with IOM Nigeria and have taken the role since August 2017. I have started the works of activating and coordinating the MHPSS Sub Working Group convening within the Health Sector. I have developed a well-rounded understanding of the nature of coordinator works through my experiences represented IOM MHPSS unit in various clusters coordination, working groups and task force meetings. The recent coordination activities have evolved to the extend of supporting the IOM MHPSS unit on the coordination and organizing a structured MHPSS online training for MHPSS practitioners in Cameroon, Chad and Nigeria. Recently, I was also in a short mission to provide technical support on MHPSS for the IOM mission in Afghanistan via remote support from Pakistan.

#### Membership of Professional Affiliation

HIMPSI – Himpunan Psikologi Indonesia (Indonesia Psychology Association), 2008 - present.

#### Education

#### **University of Oxford, Oxford - United Kingdom.** July 2<sup>nd</sup> - 14<sup>th</sup> 2017 International Summer School in Forced Migration

The modules: Conceptualizing forced migration, open borders and globalization, asylum policy and international refugee law, negotiating institutional responses, psychosocial and mental health support in forced migration settings, internally displaced persons, future challenges in the refugee regime.

# Scuola Superiore Sant' Anna and International Organization for Migration (IOM), Pisa - Italy. March 4<sup>th</sup>-16<sup>th</sup> 2013.

#### **Psychosocial Interventions in Emergency Displacement**

The modules: MHPSS paradigms in displacement, international standards in MHPSS in emergencies, non-harmful humanitarian assistance in CCCM, principles of Psychological First Aid and psychological counselling, care for the most vulnerable and referral, participatory needs assessment, creative and art based interventions.

University of Indonesia, Depok – Indonesia. 2006-2008. Master's Degree in Psychology (M. Psi) Adult Clinical Psychology and minor in Child Clinical Psychology

Thesis: "The Comparison of Analysis Between Depression and The Personalities of Identical Twin Couple (Monozygotic Twin)". Predicate: *Cum Laude*. GPA: 3.74 (Max. Score: 4.00)

**Atma Jaya University, Jakarta - Indonesia**. 2000-2005. Bachelor's Degree in Psychology (S. Psi) Thesis: "The Discovery of The Meaning of Life in Grounded Post Accident Air Force Fighter Pilots". Predicate: *Cum Laude*. GPA: 3.53 (Max. Score: 4.00)

Public Senior High School 99, Jakarta - Indonesia, 1998-2000 St Michael Grammar School, Melbourne - Australia 1996-1997

#### Trainings/Workshops (On-site and Online)

- Programming and Monitoring and Evaluation for Psychosocial Intervention IFRC Reference Centre for Psychosocial Support, Copenhagen Denmark, November 19<sup>th</sup> -21<sup>st</sup> 2019
- Monitoring and Evaluation for MHPSS in Emergencies IASC MHPSS RG, Kyiv Ukraine, June 26<sup>th</sup> 2019
- Migration Crisis Operational Framework MCOF IOM I-Learn, September 28<sup>th</sup> 2018
- Safe and Secure Approaches in Field Environments (SSAFE)
  UNDSS and IOM, Juba South Sudan, June 14<sup>th</sup> 16<sup>th</sup> 2017
- E-learning course on Psychosocial Support Programming UNICEF, https://agora.unicef.org, June 23<sup>rd</sup> 2015
- E-learning course on Introduction to Child Protection UNICEF, https://agora.unicef.org, June 23<sup>rd</sup> 2015
- Protection from Sexual Exploitation and Abuse (PSEA) and IOM Standard of Conduct IOM Indonesia, Jakarta Indonesia, November 12<sup>th</sup> 2013
- Basic and Advance Security Training In The Field
  UNDSS, E-learning training, April 2<sup>nd</sup> 2012 / renewal, June 9<sup>th</sup> 2016 / BSAFE renewal, May 9<sup>th</sup> 2019

## **Professional Experiences**

#### 1. August 2017 - present

## International Organization for Migration (IOM) Mission in Nigeria

## Working Group Coordinator (MHPSS). Duty station: Maiduguri Borno State -

## Nigeria Responsibilities and Accountabilities:

Coordinate all relevant activities of the MHPSS Sub Working Group and coordinate

its activities with Government counterparts and humanitarian partners.

Conduct capacity building and awareness-raising initiatives for MHPSS Sub Working

Group partners and relevant key humanitarian partners.

• Represent the MHPSS Sub Working Group at the Health Sector, Protection Sector,

Child Protection SubSector, GBV Sub-Sector, CCCM, Shelter and NFI Sector, Early

Recovery and Livelihoods Sector and ensure appropriate communication and

closed coordination.

Ensure implementation of the IASC Guidelines on MHPSS in Emergency Settings for

quality provision of MHPSS in the context of emergency response in North East

Nigeria.

• Provide the provision of technical, strategic and field coordination support that

enhances the adherence to relevant standards and guidelines and safety of the

# most vulnerable with following the key principles.

In collaboration with relevant partners, maintain an updated matrix (4Ws) of

# MHPSS partners and ongoing activities.

In collaboration with relevant partners, develop a reporting, monitoring and

# evaluation system of MHPSS activities.

• Support the IOM MHPSS unit on various initiatives that promote sustainability of

## the MHPSS responses in the NE Nigeria that included: the MHPSS regional

workshop for Lake Chad Basin region, MHPSS online training and creation of a

network creation of community-based MHPSS practitioners in Cameroon, Chad and

Nigeria, and Professional Master of Counselling and Conflict Transformation a

# collaboration of IOM and University of Maiduguri.

#### 2. June 2016 - June 2017

## International Organization for Migration (IOM) Mission

## in South Sudan Clinical Psychologist. Duty station:

## Bentiu Unity State -- South Sudan Responsibilities and

### Accountabilities:

• Design and implement psychosocial and psychological services including the

psychotherapeutic interventions that are culturally relevant and adapted to local

#### context in South Sudan.

• Manage the overall MHPSS activities in Bentiu Protecion of Civilians (PoC)

site, coordinate and liaise with other agencies and key humanitarian actors, and in

participate to cluster meetings, working groups and report exercises.

• Build capacity of key actors (UN, humanitarian, INGOs, NGOs, psychosocial mobile

team members and Internally Displaced Persons) in provision of MHPSS,

Psychological First Aid (PFA), referral pathway, basic counselling and

communication skills.

Establish, implement and maintain an ethical referral mechanism and an ethical

#### reporting system.

Identify cases that need more specialized care and refer to specialized

professionals.

• Participate and provide technical input in relevant assessments, mapping of gaps

and resources.

### 3. February 2016 - June 2016

## Jesuit Refugee Service (JRS) in Thailand

## Psychosocial Counsellor. Duty station: Bangkok - Thailand.

# Responsibilities and Accountabilities:

Assess psychosocial and protection needs and identify gaps; propose prioritize

initiatives to reduce the risks and increase resilience capacity within the migrants'

#### communities.

Implement the MHPSS services where needed and with appropriate manner

including group counselling sessions and psycho-education activities in addressing

the identified psychosocial and mental health issues.

Design and facilitate delivery of periodic educational, recreational and vocational

programs and services related to the promotion of MHPSS.

Establish a recordable system for assessing the migrant's mental health and

psychosocial needs, case management and record keeping system.

#### 4. October 2013 - December 2014

## International Organization for Migration (IOM) Mission in Indonesia

## Care Coordinator (Coordination and Training). Duty station: Jakarta -

# Indonesia Responsibilities and Accountabilities:

Support field offices for the implementation of migrant care support

services/psychosocial activities and draft and finalize the specific modules for youth

#### migrants programme.

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Control monthly profiling statistics provided by field offices. Update the monthly

migrant care support services/psychosocial activities from all filed offices.

• Update the 4Ws for the implementing partners, check all responses and information

from filed offices, liaise with field offices for additional information and clarification,

liaise with field offices to support them in partners identification; contact and engage

discussions with potential partners for supporting filed offices.

Liaise with partners, ensure that if partnerships are agreed, liaison is done with field

offices and support to launch activities at field level; follow first contact with NGOs,

control concept paper, support proposal drafting if necessary.

• Explore other operational sister agencies data base at Jakarta level for partnership

identification. Identify additional suitable service providers for partnerships and filed

service provisions for categories of vulnerable persons with specific needs; contact

# potential organization to engage discussion.

• Ensure all logistical arrangements for specific trainings and implementing partners

training.

## 5. April 2012 - October 2013

## International Organization for Migration (IOM) Mission in

## Indonesia Psychologist. Duty station: Tanjungpinang

# Kepulauan Riau - Indonesia Responsibilities and

#### Accountabilities:

• Establish mechanisms for standardized delivery of Psychosocial support services

based on conceptual framework and programme components for psychosocial

support services within the irregular migrant's programme in Tanjungpinang,

Indonesia.

• Assess psychosocial and protection needs and identify problems/gaps, risk and

vulnerabilities, including those related to gender and age. Propose prioritized

initiatives to reduce these risks and increase the resilience capacity within the

migrants' communities.

Implementation of psychological supports where needed, possible and appropriate

in a scheduled manner including group counselling sessions and psycho-education

activities in addressing the identified psychosocial and related mental health issues.

• Design and facilitate delivery of periodic educational, recreational and vocational

programs and services related to the promotion of psychosocial support and mental

health.

· Establish recordable system for assessing the individual's mental health and

psychosocial needs; case management and record keeping system of beneficiaries.

Establish referral network and mechanisms for referring migrants with potential

mental/psychosocial health problems or any other general health issues to the

appropriate health care service providers.

Undertake periodic assessments to review procedure, programme and consistency

of service delivery and make recommendations for on-going program, development

and evaluation.

• Monitoring and evaluation of services provided with the aim of adapting and

## improving programme interventions.

## 6. February 2008 - March 2012

## Institution of Applied Psychology University of Indonesia, Jakarta -

# Indonesia Psychologist for Clinical Division

## Responsibilities and Accountabilities:

• Delivery appropriate set of assessment and test for clients to support assessment

result.

• Provide structured individual and group counselling sessions for different groups of

client (young adult, freshgraduated, new employee and family).

- Design and provide precise psychological report for each clients.
- Establish recordable system for assessment and psychological report for each clients.

7. August 2009 - January 2012 <u>Duta Pelita Insani (DPI) Consulting, Jakarta -</u> <u>Indonesia Associate Psychologist for</u> <u>Counselling Division</u> Responsibilities and Accountabilities:

- In close coordination with DPI's team, develop a programme to provide effective counselling feedbacks for adults, parents and children who participate in aptitude tests.
- Provide group or individual counselling sessions for clients and have a record for clients who need to be followup.
- Review the result of counselling session for feedback with DPI's team.

#### 8. August 2008 - August 2009

<u>Kinder field Preschool and Kindergarten, Jakarta – Indonesia</u> <u>School Psychologist for preschool, kindergarten and primary</u> <u>students</u> Responsibilities and Accountabilities:

- Establish a structural programme for assessing special needs children in every class per school and for every level of education (pre-school, kindergarten and primary)
- Provide a regular schedule to observe and assess students with special needs.
- Conduct a regular group counselling sessions for parents and teachers to gain and assess more complete data regarding the students, parents and teachers relationship.
- Provide a progress report for each student with special needs in order to help the teacher to do a follow up action.
- Provide monthly trainings for school's teachers with different related topics (children development, parenting skill, special needs children, tantrum symptom, etc.)
- Work collaboratively with relevant staff (Headmasters, Teachers, General Manager of the school) and also Parents.